

# AS SEEN in **People**

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## Jennifer Garner and Courteney Cox's Healthy Snack



Celebrities don't give up snacking to get their pre-baby bodies back so why should you? A favorite of new moms like Jennifer Garner, Courteney Cox and Katie Holmes -- Popcorn, Indiana is the perfect healthy snack. Love the taste of kettle corn, but hate the calories? This whole-grain alternative tastes just as good, but for only 120 calories a serving! We've been devouring bags of the popcorn, trying to decide between the Smoked Cheddar, Spicy Honey Mustard or the all-natural flavor (all are addictive!). Get your own at [Whole Foods'](#) stores nation wide or on [Popcornindiana.com](#), 6-packs of 4-oz bags for \$20. (The six bag minimum order is worth it, trust us!)