

Popcorn Indiana

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Happy Friday! Do I have something to share with you! I am not much of a popcorn person but I was strolling through the grocery store on Wednesday evening picking up a few things which of course turns into yet another \$100 trip to the grocery store. Is it just me or is everybody spending what seems like gobs of money just on groceries lately?



Sorry about that little tangent – So I was strolling up and down the grocery aisles with my memorized list feeling a little hungry. I decided to look for somewhat of a healthy treat and happened to stumble upon Gourmet Kettlecorn Popcorn. I read the bag, looked over the ingredients and thought sure, why not? I threw the bag in the cart, finished my shopping and checked out. Once in the car, I called my wife and told her that I got a treat... she was so excited and I knew she loved popcorn.

Arriving home, I pulled in the garage, unloaded the bags and immediately opened the bag of popcorn. We took a handful each and our eyes lit up like glow plugs. This popcorn isn't just good, it is amazing! I have never tasted anything like it in my life. Sweet, Salty, Crispy and Crunchy... I was pretty sure I was eating junk food. To my surprise though, I discovered that it's made with whole grains and only 130 calories in 2 cups!!

Maybe I am living under a rock, but have you tried Gourmet Kettlecorn Popcorn before? It is excellent. Here is a peek at what the bag looks like. (All pictures provided in this post are from <http://popcornindiana.com>.)

I must be living under a rock because it appears that they have won a very prestigious award... see below:



Nutritional Information

Original Kettle Corn

Serving Size: 2 cups (28g)

Amount per serving: Calories 130; Calories from Fat 45; Total Fat 5g (8%DV), Saturated Fat 0g, Trans Fat 0g, Cholesterol 0mg, Sodium 130mg (5%DV), Total Carb. 21g (7%DV), Dietary Fiber 2g (9%DV), Sugar 6g, Protein 1g, Vitamin A (0%DV), Vitamin C (0%DV), Calcium (0%DV), Iron (2%DV).

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

Additional flavors

- Original Kettle Corn
- Smoked Cheddar Cheese
- Aged White Cheddar
- Sea Salt Popcorn
- Movie Theater Popcorn

So I need to know, **have you tried this popcorn before and if so do you love it or I am way off base here?** I have eaten 4 cups of this while writing this post – Oh dear!

Have a great weekend!

Disclaimer: ZestyCook.com is not affiliated with Gourmet Kettlecorn Popcorn

Take care

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